

eNews

AACP Australia Chapter e-News Update

EVENTS

Welcome to AACP eNews Update

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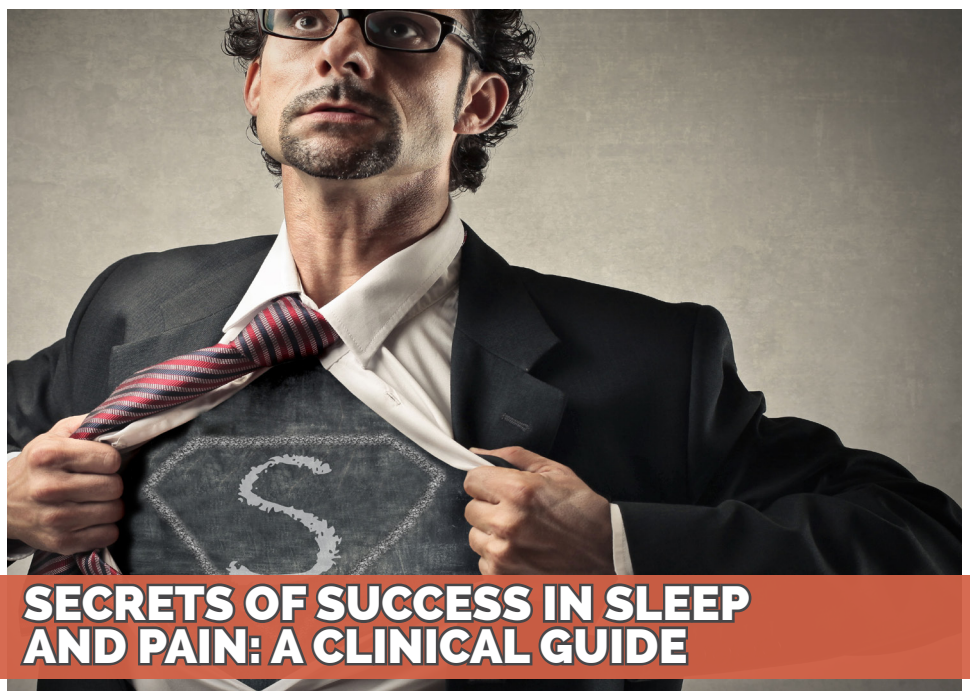
Secrets of Success in Sleep and Pain: A Clinical Guide

Dentistry demands a lot from you. Every appointment you make numerous clinical Judgements that affect patient outcomes, your reputation and the bottom line. Treating people with chronic facial pain can throw a big torque wrench into the works. While there is no cook book approach for diagnosing and treating facial pain, systems exist that increase the ease of diagnosis and help you treat effectively to provide a successful outcome.

This course is designed to demystify confusing aspects of orofacial pain and sleep therapies: Are you clear on when and what tests to order? Learn how to do a cranial nerve evaluation. Clarify reading sleep studies and MRI. Learn which medications bring results. Recognise some of the unusual presentations of sleep and pain disorders to become a more effective practitioner.

AACP Australia brings you clinicians from around the world to show how to make providing pain and sleep therapy a more predictable and enjoyable part of your clinical day.

We look forward to presenting these amazing events and thank you for being part of the Community of AACP Australia. All the best from the Australian Chapter.



**SECRETS OF SUCCESS IN SLEEP
AND PAIN: A CLINICAL GUIDE**



Meet the Speakers 7th International Symposium

Mayoor Patel DDS, MS, RPSGT

Those of you who have attended AACP meetings in the States will have heard Mayoor's fantastic lectures, as he is part of the back-bone of their education programme. Mayoor will be presenting 3 lectures for us: Examination for Sleep and Pain, Diagnosis and Treatment of the Hypersomnolent Patient, and Splints, Splints, Splints and What to do when they don't Work for Pain and Sleep.

The AACP has formulated many position papers over the years, and below is a link to their current paper on MAS therapy for OSA which Mayoor has co-written.

There is a catch. You need to be an AACP member, and log on to get access to it via the Members Area.

Once in the **Members area** look in the **Links & Research** tab. You will find a "Library" heading. Click on the "**AACP Library Resources**" link given under the Library heading. It will take you to EBSCO. The username and password are listed for you in the Members area, next to the EBSCO link. Once in EBSCO choose your database to search and enter the title below into the search box. Happy reading.

[HTML] Regarding the assessment and management of patients being treated with mandibular advancement oral appliance therapy for snoring and obstructive sleep apnea - <http://bit.ly/2qnTXeX>

J Spencer, M Patel, N Mehta, HC Simmons III... - CRANIO®, 2013 - Taylor & Francis



The American Academy of Craniofacial Pain Australian Chapter was established in 2009. The AACP is committed to the advancement of research, study and knowledge. Become an AACP Member



MAYOOR PATEL

Mayoor is an experienced practitioner in the area of craniofacial pain, temporomandibular disorders (TMD) and dental sleep medicine. It is Dr. Patel's goal to help dentists around the globe to better understand their role in diagnosing and managing patients with craniofacial pain and TMD as well as providing services in dental sleep medicine. Since 2006, Dr. Patel has been an active lecturer sharing information with dentists from all areas. As a lecturer, Dr. Patel works with other dentists to enhance their practice and expand their experience so that they can continue to offer their patients superior dental health care.



Journal CRANIO®
The Journal of Craniomandibular & Sleep Practice
Volume 31, 2013 - Issue 1

Meet the Speakers 7th International Symposium

Gary Heir DMD

Gary has been a regular visitor to our symposia, and has never stinted in sharing his knowledge base on facial pain. In 2018 Gary will be presenting 3 lectures for us: "The role of systemic disease in orofacial pain", "Orofacial pain a thinking sport... think before you do", finally new examples of the "More Scary Stuff Case Studies" that he will co-present with Dr Benoliel. We last saw these two wonderful educators present this topic together in 2016.

We have included a short YouTube video of Gary discussing his philosophy of patient examination, as well as a review of cephalometric predictors for OSA therapy that he has published (just to prove he is a man for all seasons).

<http://bit.ly/2CFv2JJ>

[VIDEO] This is taken from an interview at the AAOP's Annual Scientific Meeting. Apr 5, 2017 - Uploaded by Rage Agency

[HTML] Anatomically based outcome predictors of treatment for obstructive sleep apnea with intraoral splint devices: a systematic review of cephalometric studies

<http://bit.ly/2Aq9gDP> - ..., D Manfredini, M Mion, G Heir... - Journal of clinical ..., 2015 - ncbi.nlm.nih.gov

Aims: The aim of this review is to summarize data from the literature on the predictive value of anatomy-based parameters, as identified by cephalometry, for the efficacy of mandibular advancement devices (MAD) for the treatment of obstructive sleep apnea (OSA). Methods: Cited by 4 Related articles All 3 versions



GARY HEIR

Gary is the Program and Clinic Director, Center for Temporomandibular Disorders and Orofacial Pain, Department of Diagnostic Services Rutgers University School of Dental Medicine Newark, New Jersey, and Co-Director and Clinical Professor Rutgers Orofacial Pain Fellowship and Masters in Dental Science Graduate Program.

Gary is also a Clinical Professor at Rutgers University School of Dental Medicine, and a Visiting Professor, Faculty of Medicine, Orofacial Pain Team Clinical Hospital University of São Paulo, Brazil. Gary has numerous publications, and has been the Vice Chair, New Jersey Governor's Lyme Disease Advisory Council



Leading the TMD Community" is more than a slogan. It is our guiding rule!

**BECOME A SPONSOR - THE BEST IN THE INDUSTRY
SUPPORTING THE AACP AUSTRALIA**

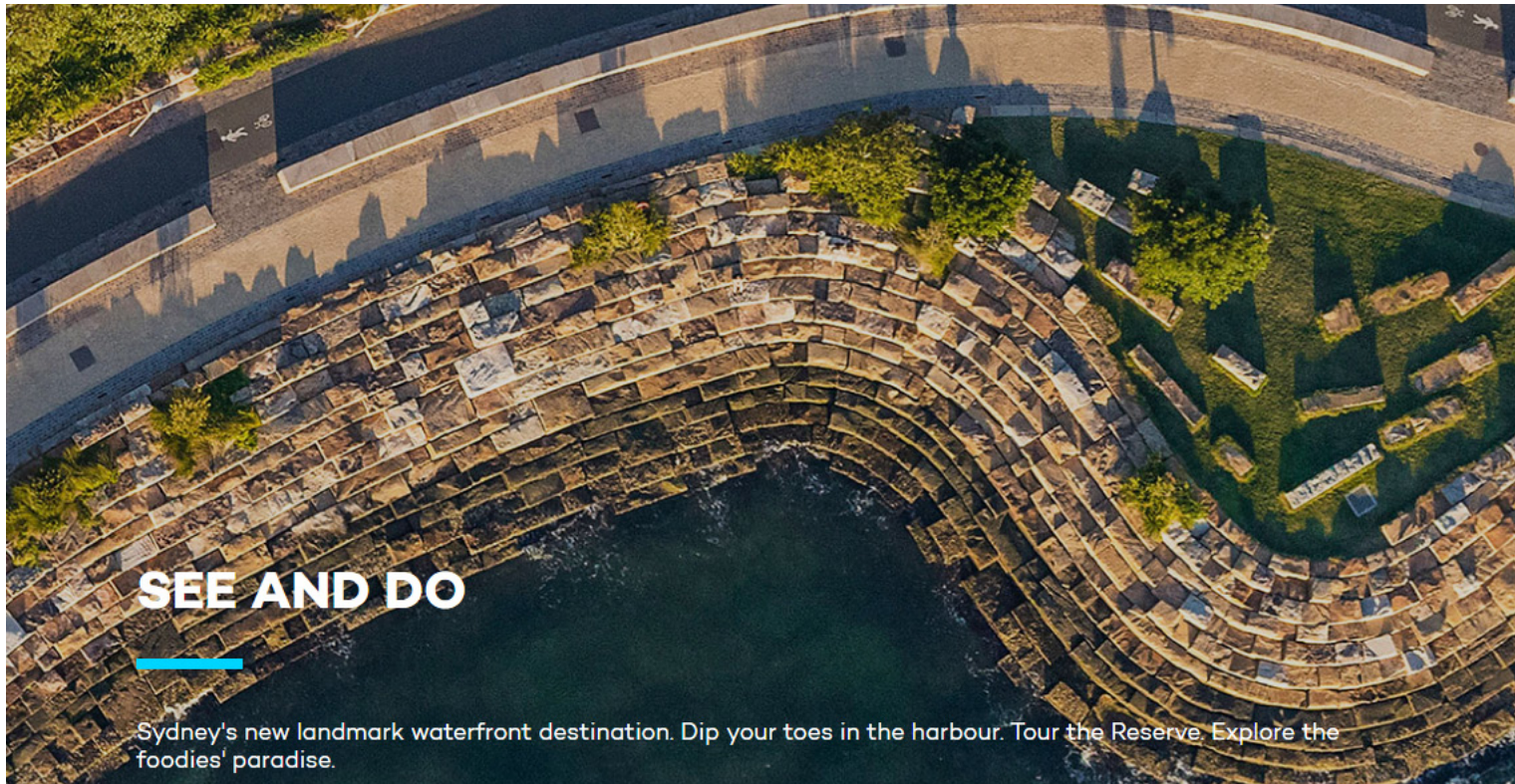
There are levels of sponsorship which are allocated according to the total amount of investment in sponsorship items and exhibition space booked. The sponsorship levels are developed according to the Sponsor's individual marketing and educational needs. [LEARN MORE](#)

Experience Sydney

Barangaroo Reserve is Sydney's new Harbour foreshore park



Sydney's new landmark waterfront destination. Tour the Reserve. Explore the foodies' paradise. Go shopping in the unique retail laneways.



SEE AND DO

Sydney's new landmark waterfront destination. Dip your toes in the harbour. Tour the Reserve. Explore the foodies' paradise.

What's on

EVENTS UPDATE REGULARLY

<http://www.barangaroo.com/see-and-do/whats-on/>

24 Oct 2017 - 31 Mar 2018 SCOTCH ROW POCKET PARK - A place to unwind, read, rediscover your ping pong skills and listen to live music

Learn about Barangaroo, aboriginal cultural tours. Every day at 10.30am <http://www.barangaroo.com/see-and-do/things-to-do/tours/aboriginal-cultural-tours/>

EAT AND DRINK

<http://www.barangaroo.com/see-and-do/things-to-do/eat-drink/>

Another amazing Sydney foodie hang out! So much to choose from for casual dining, coffee, cocktails and specialty delights. Bars and top class dinging with water views.

BARANGAROO RESERVE PARK

It's Sydney's new place to relax, picnic, exercise or savour the unique ethereal beauty of the harbour.

Discover the Streets

<https://thestreetsofbarangaroo.com/discover>

Unique shopping, fitness and wellness centres. The laneways of Barangaroo's southern precinct offer an exquisite edit of local and international designers and boutiques.

Getting there

<https://www.thestreetsofbarangaroo.com/getting-here>

Walk from the city, ride your bike, hop on a bus or see the whole foreshore park from a ferry!



AACP Proudly Sponsored by OVENTUS

As proud supporters of the AAC Australian Chapter, Oventus's mission is to be a global leader in breathing assistance, using our innovative products to treat sleep breathing disorders. Oventus is a Brisbane based medical device company that assists dentists, ENTs and sleep physicians in providing patients with better sleep and better health. Our clinicians are accredited through the provision of in-depth training, technical and marketing support. Our oral devices benefit patients through a unique and patented airway that delivers air to the back of the mouth, bypassing multiple obstructions from the nose, soft palate and tongue. The O2Vent™ allows nasal breathing when the nose is unobstructed, but when obstruction is present, breathing is supplemented via the airways in the device. Whilst continuous positive airway pressure (CPAP) is the most definitive medical therapy for sleep disorders and obstructive sleep apnoea (OSA), many patients have difficulty tolerating CPAP¹. Oral appliances such as the O2Vent have emerged as an alternative to CPAP for obstructive sleep apnoea treatment. www.ventus.com

For more information about our sponsors visit www.aacp.com.au/sponsors



THE UNIVERSITY OF
SYDNEY

The AACP Australian Chapter thinks that if you would like to attain formal qualifications in the area of Orofacial pain from an Australian University we highly recommend this online course, which commences in 2018.

The Master of Medicine (Pain Management) is an evidence-based and clinically relevant program that explores the problem of pain in the community and the role of health professionals in managing and treating a range of pain conditions. This program will provide you with knowledge and strategies to prevent acute and sub-acute pain from progressing to chronic and disabling pain, and refine your ability to work in a multidisciplinary team to achieve this goal. You will learn from local and international academic clinicians and researchers including neuroscientists, anaesthetists, pharmacologists, clinical psychologists, psychiatrists, nurses, physiotherapists and research personnel, all widely experienced in pain management practice... [learn more](#)

For further information please contact us at paineducation.admin@sydney.edu.au or call +61 2 9463 1516.

AMERICAN ACADEMY OF CRANIOFACIAL PAIN AUSTRALIA CHAPTER

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