

eNews

AACP Australia Chapter e-News Update



Welcome to AACP eNews Update

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VENUE - Sydney Marriott Hotel 7th International Symposium Secrets of Success in Sleep and Pain: A Clinical Guide

The Symposium will be held at The Sydney Harbour Marriott Hotel 30 Pitt St Sydney, NSW 2000.

Start date: 07/03/2018

End date: 14/03/2018

**SYDNEY HARBOUR MARRIOTT HOTEL
BOOK YOUR ACCOMMODATION**

<http://bit.ly/2DeOo6V>

**Last day to book:
24/01/2018**

The Hotel is offering special accommodation rates to delegates.. To secure these rates please **book using the customised hotel link** <http://bit.ly/2DeOo6V>. Please note hotel rooms are limited.

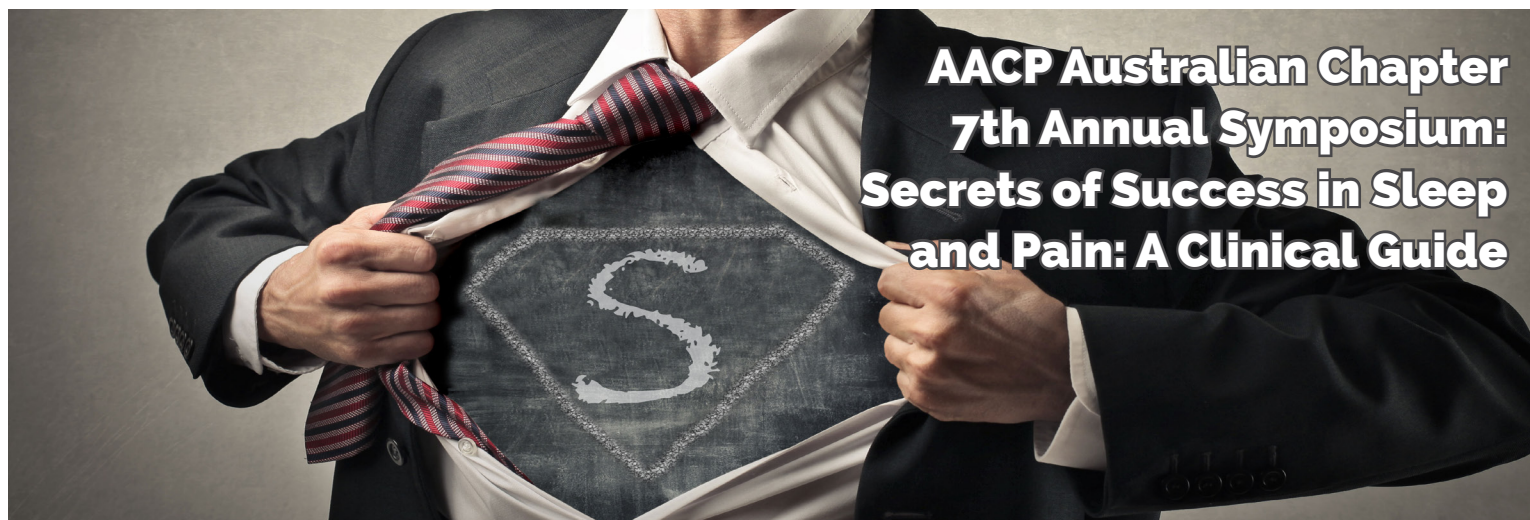
AACP Australia cannot guarantee accommodation.

AUD \$449 a night for 2 people in 2 single beds incl buffet breakfast.

AUD \$423 a night for 1 person incl buffet breakfast. Couple \$449 a night for 1 person incl buffet breakfast.



**SECRETS OF SUCCESS IN SLEEP
AND PAIN: A CLINICAL GUIDE**



AACP Australian Chapter 7th Annual Symposium: Secrets of Success in Sleep and Pain: A Clinical Guide

Meet the Speakers 7th International Symposium

Karen Lucas

Karen has been practicing as a Myotherapist in Eltham, Melbourne for the last 24 years. She completed her doctoral studies on the effects of latent myofascial trigger points on muscle activation with a focus on optimising movement performance of the upper limb. Her thesis was judged to be 'at the forefront of international research by the international examination panel, which included Professor David Simons.

Those who attended our first ever symposium will remember Karen Lucas discussing Trigger Points. She returns this time to discuss Craniofacial Muscle Pain and Tension: Where to Start?

This talk by Karen deals with the patients and treatments with muscle pain. These are the people that we will spend most of our time with, so Karen's lecture will potentially have a massive effect on your everyday practice.

If we put our patients into the back seat for now, as dentists we spend most of our time in positions that are not ergonomic, or are not likely to make our muscles happy. Karen's talk will be one that we can apply to ourselves as well as to our family and patients. Do yourself and your patients a favour; See this lecture.

Latent myofascial trigger points: their effects on muscle activation and movement efficiency

Abstract: Kibler (Medicine and Science in Sports and Exercise 30 (1998) 79) suggests that when there is dysfunction in a proximal body segment, distal segments have to change workloads in order to preserve movement outcomes at the most distal body segment. One aspect of function is the timing of muscle activation. As the presence of pain could affect the muscle activation pattern (MAP), the effects of pain-free latent myofascial trigger points (LTrPs) in the scapular rotator muscle group were investigated... go to article link [http://](http://bit.ly/2FAEmfW)

bit.ly/2FAEmfW



KAREN LUCAS

Karen has presented many times at both Australian and international congresses and has taught undergraduate and postgraduate courses to Myotherapy, Massage, Chiropractic, Movement Science and Physical Education students. Her professional interests include the neurobiology of pain and she is about to complete her Masters in Pain Management at the University of Sydney. She is passionate about bridging the gap between research and clinical practice, particularly for manual therapists.

Meet the Speakers 7th International Symposium

Tara Renton

Dr. Tara Renton obtained her Master of Dental Science Degree in Oral Surgery from Melbourne University and her PhD on Trigeminal Nerve Injuries from Kings College London. Today she is a Registered Oral Surgery Specialist and Professor in Oral Surgery at Kings College London. Among other memberships of professional societies, she serves as the President of the British Association of Oral Surgeons and is an elected Board Member of the Royal College of Surgeons.

Tara is the editor of four books, 24 book chapters and more than 140 peer reviewed publications. She frequently lectures internationally on a variety of topics, among them Orofacial Pain and Neuroscience, Medical Complexity and the Ageing Population, Third molar surgery and Patient Safety.

Tara will be discussing Diagnostic Blocks for the Orofacial Pain Patient. This is something I think we should all employ more often. We all routinely use local anaesthetic to identify the source of odontogenic pain, but are less confident with the concept of numbing up non-odontogenic facial structures which may be associated with pain.

Tara is also on a return visit to us. In 2016 she discussed Post Traumatic Trigeminal Neuropathy and limiting nerve damage from extractions and implant placement. We have included the article below as a reminder of why pain based knowledge is an important facet of implant placement.



TARA RENTON

Implant injury case series and review of the literature Part 1: inferior alveolar nerve injury

Injury to adjacent structures is an unfortunate and avoidable outcome of oral implant placement surgery.

Paramount among these is perforation into paranasal sinus; into neighboring tooth root; through cortical plate; and into vessels, canals, and, most importantly, nerves. In most cases, injudicious oral implant placement can be attributed to poor treatment planning. We present the cases of several patients referred for postsurgical radiology that illustrate injury to the inferior alveolar canal by implant impingement, penetration, and even complete obliteration of the nerve and canal in the absence of proper treatment planning and imaging modalities.

The authors stress the importance of thorough implant case preparation and planning, which may include the use of cone beam computerized tomography in order to minimize nerve injury.

<http://bit.ly/2mtgDoW>



<http://bit.ly/2D8oPT7>

[PDF] Implant injury case series and review of the literature Part 1: inferior alveolar nerve injury

Experience Sydney

SYDNEY EAST



Enjoy a dip or a stroll at world-famous Bondi Beach, watch great sporting contests at Moore Park and tour the Sydney Cricket Ground, and relish all the glamour of Royal Randwick Racecourse in Sydney's east. There are surfing, sailing and kayaking tours, and lovely waterfront places to dine.



ABOUT SYDNEY EAST

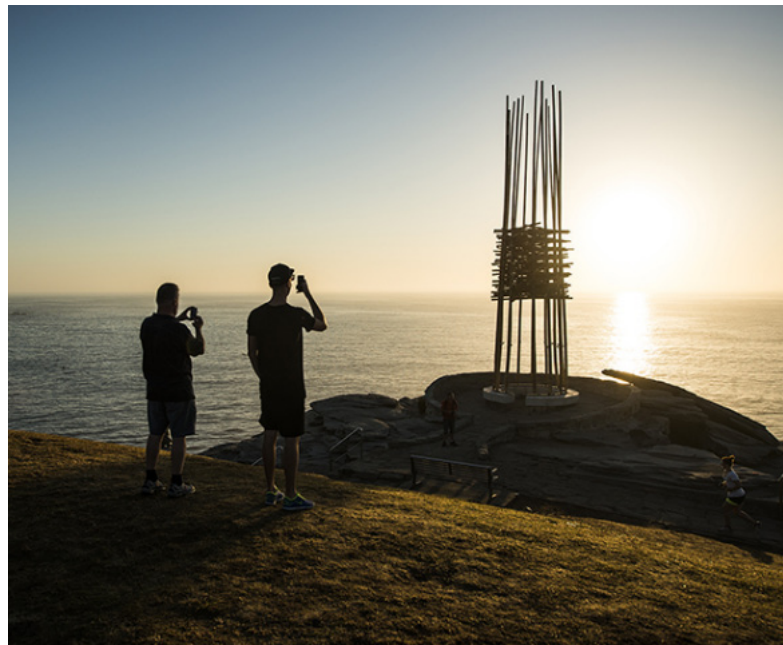
Discover beautiful, exciting and intriguing attractions in Sydney's east. Enjoy Australia's most famous beach in Bondi, cheer world-class sports in Moore Park and Randwick, explore indigenous and colonial heritage in La Perouse, and try delicious restaurants with fabulous ocean or harbour views.

Many more wonderful things to do and see await you, from spectacular coastal walks to elegant shopping in Double Bay, from seaplane joy flights in Rose Bay to a scenic ferry ride to Watsons Bay. Families with young children will be delighted with Coogee's calm surf conditions and ocean pools.

The Bondi to Coogee Coastal Walk is an exhilarating experience. You'll marvel at splendid ocean vistas on the 6km trail and meander by charming Tamarama, Bronte and Clovelly. You can spot majestic humpback whales between May and November from cliff-top vantage points on the walk.

Other outdoor adventures include sailing and kayaking on glittering Sydney Harbour. You can hire kayaks and boats or join tours. Surfing is popular too and lessons are available at surf schools at Bondi Beach and Maroubra, recognised in the National Surfing Reserves as a place of intrinsic value.

Bring a picnic hamper for pretty waterfront parks, such as Nielsen Park in Vaucluse. You can tour colonial explorer William Charles Wentworth's stately Vaucluse House. The Federation Cliff Walk includes Macquarie Lighthouse, Australia's oldest lighthouse designed by convict Francis Greenway.



Nearby is the harbour entrance at South Head, a magnificent spot to watch one of the world's great ocean-racing events, the Sydney Hobart Yacht Race on Boxing Day. Check out the events calendar for more top sporting contests, from cricket and football to the glamour of Royal Randwick Racecourse.

You'll also find weekly fresh produce markets, such as the Moore Park Foodies and Farmers Market and the Bondi Farmers Market. Along the Bondi-Tamarama section of the coastal walk for a few weeks in spring is Sculpture by the Sea, the largest outdoor public sculpture exhibition in the world.

More information about Sydney City on [Sydney.com](https://www.sydney.com)

Source: Sydney.com



AACP Proudly Sponsored by DIGITAL DENTAL

Digital Dental partners with innovative global companies to bring the latest diagnostic and treatment technologies to Australian dentists. We distribute the revolutionary Multiwave Locked System Therapeutic Laser range from ASA. The Mphi Lasers combine dual wavelengths with both pulsed and continuous waves, making it one of the most efficient lasers for treating both pain and inflammation simultaneously. The laser is now being used in Australia by dentists for treating craniofacial and TMJ pain, TMD, post- insertion pain for orthodontics as well as promoting recovery from surgery and extractions. Digital Dental also exclusively supplies the Braebon range of home sleep testing machines – the Medibyte (12 channel) and Medibyte Junior (6 channel) – the next generation of screening devices. Both include exclusive software that simplifies every step of the study from setup to analysis to reporting. We are the Australian distributors of the BioPAK jaw physiology system. This includes Joint Vibration Analysis (BioJVA), Electromyography (BioEMG) and Jaw Tracking (JT-3D). The information helps diagnose and treat temporomandibular joint dysfunction (TMD), sleep disorders and craniofacial pain. Find more about us www.digitaldental.com.au

For more information about AACP sponsors visit www.aacfp.com.au/sponsors



THE UNIVERSITY OF
SYDNEY

The AACP Australian Chapter thinks that if you would like to attain formal qualifications in the area of Orofacial pain from an Australian University we highly recommend this online course, which commences in 2018.

The Master of Medicine (Pain Management) is an evidence-based and clinically relevant program that explores the problem of pain in the community and the role of health professionals in managing and treating a range of pain conditions. This program will provide you with knowledge and strategies to prevent acute and sub-acute pain from progressing to chronic and disabling pain, and refine your ability to work in a multidisciplinary team to achieve this goal. You will learn from local and international academic clinicians and researchers including neuroscientists, anaesthetists, pharmacologists, clinical psychologists, psychiatrists, nurses, physiotherapists and research personnel, all widely experienced in pain management practice... [learn more](#)

For further information please contact us at paineducation.admin@sydney.edu.au or call +61 2 9463 1516.

AMERICAN ACADEMY OF CRANIOFACIAL PAIN AUSTRALIA CHAPTER

"Leading the TMD Community" is more than a slogan. It is our guiding rule!

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